



Dear Flatgrass Regional Showdown Tournament Participant:

ThedaCare is proud to again be affiliated with this year's Paper Valley Youth Soccer Flatgrass Regional Showdown Soccer Tournament. What a great way to bring together athletes from throughout the state.

In case of injury, we will have two Licensed Athletic Trainers on-site throughout the tournament. This year's Medical/First Aid will be located in the official's tent near the registration area. We will be available daily 30 minutes prior to the start of tournament play to evaluate injuries and provide injury/preventative taping. Our team will be available until the completion of games.

In addition:

- If an ambulance is needed, our medical staff is equipped with cellular phones to call 911.
- Automatic External Defibrillators (AED) will be available.
- SkyScan Lightning Detectors and Heat Index Monitors will be available and used to help ensure a safe environment.
- ThedaClark hospital is close by in the event that your athlete needs emergent care.
- ***We strongly encourage you to allow the medical staff to activate emergency services so that we can ensure patients arrive at the proper location in a safe, quick manner.***

To keep yourself in condition to play, we encourage you to drink plenty of water before, during and after competition. Water stations are readily available throughout the tournament grounds.

We look forward to a safe and successful tournament. Please don't hesitate to contact a member of the **ThedaCare Sports Medicine Team** for comprehensive medical care and a safe, speedy return to competition.

Best of luck to you and your team.